

Training Date: _____ Employer: _____

Staff Name: _____ CMH: _____

Trainer/Training/Competency assessment/quiz developed by: Dirk Love, Director of Strategic Services, Shiawassee Health & Wellness 2022.

Basic First Aid Quiz

1. If someone has a nosebleed, you have the person lean back and look at the ceiling.
 - a. True
 - b. False
2. First aid for a burn includes cooling the area with large amounts of cool water.
 - a. True
 - b. False
3. You should apply butter or other oil-based products to a burn once the area has cooled.
 - a. True
 - b. False
4. Firm, direct pressure with clean or sterile bandages is one of the first steps in caring for a bleeding wound.
 - a. True
 - b. False
5. Covering the burn area with clean or sterile dressings will reduce the chance of infection and reduce the pain.
 - a. True
 - b. False
6. If you suspect a head injury, do not move the person.
 - a. True
 - b. False
7. It is very important to know where the first aid supplies and emergency numbers are when you are a responsible adult caring for someone.
 - a. True
 - b. False
8. If someone is having a seizure, you should put something in their mouth and try to stop the movement.
 - a. True
 - b. False
9. If there is an insect stinger imbedded in someone's skin, scrape it out and wash the area with soap and water.
 - a. True
 - b. False
10. If you are having trouble breathing, notice someone else having trouble breathing, or is experiencing an allergic reaction, call 9-1-1.
 - a. True
 - b. False

For Administrative Use Only

Total Possible: 10

Total Correct: _____

Overall Score% (number correct/number possible): _____

Name and Title of Person scoring test: _____ Date Scored: _____