

## Join our annual 5K WALK/RUN/ROLL for mental health awareness

Thursday, September 18th, 2025

Registration begins at 5:00pm Walk/run/roll begins at 6:00pm

Gregory's Steele Street Hall 115 Steele St Ionia, MI. 48846

The cost to participate is a donation of a non-perishable food item to be donated to the local food pantry. Complimentary snacks will be at the end of the finish line. Early registration gets a free t-shirt. Register online at rightdoor5k.com or by using the QR code below.



The Right Door is a CARF Accredited member of Mid-State Health Network. The Right Door is funded in part by the Michigan Department of Health and Human Services.

