

The right Connection

July 2025

THE *right* DOOR
for hope, recovery and wellness

24-hour toll-free crisis line
888-527-1790

Ionia Office

375 Apple Tree Drive
Ionia, MI 48846
616.527.1790

Hours:

Mondays-Thursdays
-8am-7pm
Fridays-8am-5pm

Belding Office

7441 Storey Road
Belding, MI 48809
616.527.1790

Mondays and
Wednesdays-8am-6pm
Tuesdays and Thursdays
-8am-7pm
Fridays-8am-5pm

Portland Office

208 West Bridge Street
Portland, MI 48875
517.647.2128

Closed 12-1pm
Mondays-8:30am-7pm
Tuesdays-Fridays
-8:30am-5pm

Onsite IONIA: 1st/3rd Mondays Veterans Service Office
Wednesdays DDHS, Fridays Samaritas

Website:

www.rightdoor.org



MED LINE: 616.775.1023

Please allow 72 hours for refills

Kindly leave your name, the name of the person served if you are their parent or guardian, your phone number, the prescription needed and the pharmacy of choice.

MED SERVICE APPOINTMENTS:

Please arrive 15 minutes early for your appointment
Late arrivals may be rescheduled. If you must cancel, please do so 24 hours in advance. Thanks.



It's summer and the best time to have some fun outdoors. Whether you have kids at home out of school, or not, there are so many opportunities. Here are just a few to get you thinking. Enjoy!

- Go to the beach, a pool, a splash park, amusement park or regular park
- Swim, boat, canoe, kayak, waterski, catch a fish, tube a river
- Make your backyard a water adventure with water balloons, water guns, slip and slide, sprinkler, pool
- Got to a museum, a concert, a zoo, a ball game, play a sport, a board game, do a craft
- Go for a nature walk, explore a trail, take a hike, a bike ride, roller blade, walk the dog
- Pick seasonal fruit at a farm market, plant flowers, garden, play in the dirt, collect and paint rocks
- Have a picnic, a barbecue, invite friends over, shoot off fire works, see local fireworks, eat on a restaurant patio
- Read books outside, indulge in a nap in a hammock, simply lounge, eat outdoors, have a bonfire, enjoy a smore, watch a movie outdoors on a blanket, spend time with friends/family
- Go antiquing, to a garage sale, a flea market
- Take in a fair or a festival, eat fried food, indulge in icecream, floats, frozen treats, a luscious dessert
- Go on a road trip, explore your state, geo cache, go on vacation



Member of:

MSHN

Mid-State Health Network



1, 3, 7, **PEER LED**, Chair Yoga, 9:30am, Ionia TRD
8, 10, 15, 17, 21, 22, 24, 28, 29, 31

1, 8, **PEER LED**, Peaceful Paces, 10:30am, Ionia
15, 22, 29 TRD

1, 8, **PEER LED**, Garden Group, 11am, Ionia
15, 22, 29 TRD

1, 8, 15, **PEER LED**, Rooted and Restored 11:30am,
22, 29 Ionia TRD

Tuesdays PEER LED Fitness Group, 2:30pm.

Thursdays, 3pm, both at Ionia 24/7

Every Tuesday, Wednesday, Friday, 1:30pm,
Contact: Patricia

1, 8, **PEER LED**, Volunteer Group, 3:30pm, Ionia
29 Theater

1, 22, **PEER LED**, Better Days Ahead, 1pm,
29 Portland TRD

2 **PEER LED**, Crafts, 9:30am, Ionia TRD

2 **PEER LED**, Self Love, 11:30am, Ionia TRD

2 **PEER LED**, Picnic, 12:30pm. Bring a sack
lunch then downtown exploring

3, 10, **PEER LED**, Recovery Stick Group, 10am,
17, 24, 31 various locations

3, 17, **PEER LED**, Social Skills 11am, River's Edge
24, 31 Drop In Center

4 Closed for Independence Day

7, 21, **PEER LED**, The Connection Space, 11am,
28 Ionia TRD

7, 14, **PEER LED**, Game Night, 4pm, Ionia TRD
21, 28

9 **Blueberry Picking with Peers**, 11am

9, 23 **PEER LED**, Caring Cards, 3pm, Portland
TRD

10, 17, **PEER LED**, Building Better Boundaries,
24, 31 11am, Ionia TRD

14 **Senior Day at Ionia Free Fair**, 11am. Sign
up required with Peers

14, 28 **PEER LED**, LGBTQIA+ Group, 3pm, Ionia
TRD

15 **PEER LED**, Bingo, 1:30pm, Mooville

16 **PEER LED**, Denny's Farm Market Trip,
2:30pm. Meet at Ionia TRD

18 **Ladies Day at Free Fair**, 10am. Sign up with
Peers

18, 23 **PEER LED**, Train Your Brain, 11am, Ionia
TRD

24 **PEER LED**, Focus Group

24 **PEER LED**, Garage Sailing, 8:30am

25 **Raspberry and Peach Picking with Peers**

25 **PEER LED**, A Pokémon Go Summer, 11am.

28 **TRD Board Meeting**, 4-6pm, Ionia TRD

30 **White Caps with Peers**, Must be signed up

MONTH LONG AWARENESSES:

Heart Healthy Summer

American Heart Association (AHA.org) recommends we stay hydrated and eat fresh foods during the heat of the summer as dehydration, fatty foods and overexertion in the heat put our hearts at risk whereas water, fresh fruits and vegetables and exercise or work in moderation with rest in the heat and humidity logically helps us stay fit and healthy.

Juvenile Arthritis Awareness Month

National Drowning and Prevention Month

The United States Coast Guard (uscgboating.org) offers life jacket requirements for all ages for each state to help us keep safe whether travelling, or at home. The Center for Disease Control and Prevention (CDC.gov) offers tips to help prevent drowning.

National Minority Mental Health Awareness

Each July the Mental Health Association (mha.org) honors the legacy of author and trailblazer, Bebe Moore Campbell as a champion for minority mental health awareness. Also known as BIPOC, the Association has released a free nationwide tool kit this year to help.

National Parks and Rec Month

Social Wellness Month

UV Safety Month

The Federal Drug Administration (fda.gov) offers sun safety facts as does the CDC.

WEEK LONG AWARENESSES:

July 13-19 Everybody Deserves a Massage Week

DAY AWARENESSES:

7/24 International Self Care

7/26 National Heat Awareness Day

Still Not Sure What to Do with Your Kids?

- Your Parks and Rec Department may have kids day or sports camps this summer
- Check your local libraries for Summer Reading Programs
- Contact your church for Vacation Bible Schools
- Schools may also have sports camps
- Ask grandparents, aunts, uncles if they would like to spend some one on one time with the kids. Chances are they will jump at it

Sun Safety: Protect Your Skin!

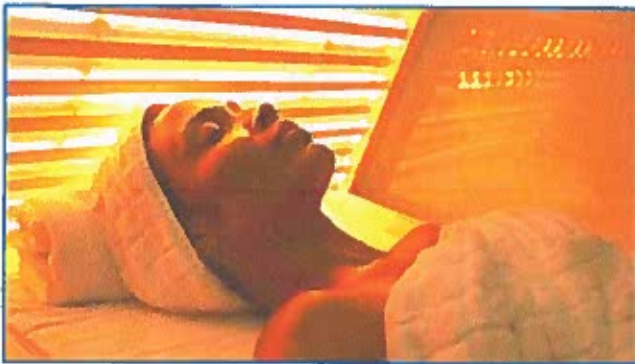


Why It Matters:

- UV rays can cause sunburn, skin aging, and increase the risk of skin cancer.
- Skin damage can occur in as little as 15 minutes of sun exposure.

Top Sun Safety Tips:

- Use Sunscreen: SPF 30+, broad-spectrum, reapply every two hours
- Cover Up: Wide-brimmed hat, long sleeves, UV-protective clothing
- Protect Your Eyes: Sunglasses with UV protection
- Seek Shade: Especially between 10 am to 4 pm
- Check the UV Index: High index equals high risk



Avoid:

- Tanning beds increase skin cancer risk
- Prolonged sun exposure without protection

Michelle Hanses,

Certified Peer Support Specialist,
Community Health Worker

Draw, Paint or Craft? *Want to sell your items?*

The Right Door is opening our booth at the Ionia Free Fair for you to sell your items and keep all the money.
The space is about the size of an eight foot table.

Choose one day or one shift

7/10	5-10pm	7/16	1-5 and/or 5-10pm
7/11	1-5 and/or 5-10pm	7/17	1-5 and/or 5-10pm
7/12	1-5 and/or 5-10pm	7/18	1-5 and/or 5-10pm
7/13	1-5 and/or 5-10pm	7/19	1-5 and/or 5-10pm
7/14	3-5 and/or 5-10pm		
7/15	3-5 and/or 5-10pm		

Contact Shelly or Katie
616.527.1790



Finished Peer Led craft group holiday décor July 2nd.





Michigan Help Lines

- **Abuse and Neglect Reporting** 1-855-444-3911
- **Adult Foster Care Ombudsman** 1-800-292-7852
- **AIDS Program** 1-877-342-2437
- **Bridge Card EBT** 1-888-678-8914
Customer Service
- **Cash Assistance** 1-855-ASK-MICH
- **Community Resources and Referrals (Housing)**
United Way
2-1-1 is Health and Human Service Equivalent to 9-1-1
to give or get help 2-1-1
- **Disability Ombudsman** 1-800-288-5923
Michigan Protection and Advocacy Services
- **Domestic Violence Helpline** 1-800-799-7233
- **Early on-Thru Department of Education**
Intervention Services for Infants and Toddlers with
Disabilities and their Families 1-800-327-5966
- **Elder Care Service** 1-800-677-1116
Help with Transportation, Meals for the Elderly
- **Energy Assistance** 1-855-275-6424
- **Home Heating Tax Credit Status** 517-636-4486
- **Medicaid Customer Help** 1-800-642-3195
MSA/MDHHS
- **Medicare** 1-800-MEDICARE
Includes Part D for Pharmacy
- **Mental Health-24 Hour Crisis Line** 1-888-527-1790
- **MiChild Medical-MDHHS** 1-888-988-6300
- **MI Enrolls-Medicaid Managed Care** 1-888-367-6557
- **MI RX-Drug Discount Program** 1-888-367-6557
For Low Income
- **NAMI** 1-800-950-6264
(NAMI Michigan) 1-517-485-4049
- **Poison Control Centers** 1-800-222-2222
- **Relay Center for Deaf and Hard of Hearing** 7-1-1
- **Sexual Assault Helpline** 1-800-656-4673
- **Social Security Administration** 1-800-772-1213
- **State SSI Supplement** 1-855-275-6424
- **Suicide Prevention Lifeline** 800-273-8255
- **Mical Suicide and Crisis Lifeline** 9-8-8
- **THAW Fund-Heat/Warmth Fund** 1-800-866-8429
- **Ticket to Work-Disabled Persons** 1-800-605-6722
ReHab
- **Tuition Incentive Program TIP** 1-888-447-2687
Treasury Department 1-888-4-GRANTS
- **WIC-Women, Infants and Children Health and**
Nutrition Assistance Program 1-800-225-5942



BLUEBERRY PICKING

July 9
Meet at 11am
Ionia TRD



Peer Led

Denny Farm Market Trip

July 16

Meet at Ionia TRD
2:30pm



Raspberry and Peach Picking with Peers

July 25
11am



Whitecaps Ball Game

July 30

(Must be signed up with peers)

Contact Shelly, Lexi, Katie or Rose
616.527.1790

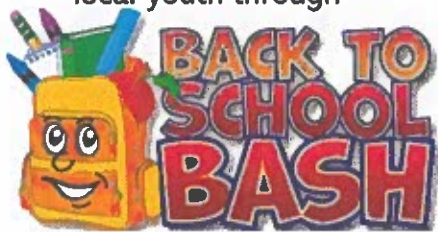




to Right Door Staff and others who came out or ordered from the



June 17. 20 percent of sales help support local youth through



August 7, 11am-3pm, Portland and Belding
School Supplies only

August 8, 9am-3:30pm, Ionia TRD
School Supplies, Haircuts, Clothing

Register with Rachel Selby by 7/31 or be the first 500 people!

616.527.1790



THE *right* DOOR **5k**
for hope, recovery and wellness

WALK/RUN/ROLL
For Mental Health Awareness

Thursday, September 18

Gregory's Steele Street, Ionia

Registration 5pm, Walk/run/roll 6pm,

*Cost to participate is a non perishable food item for our food pantry. Receive a free t-shirt with early registration online at rightdoor5K.com

Have suggestions?
Email the editor at
sferris@rightdoor.org



Fundraising

IN 4 EASY STEPS

- 1 PLAN TO PARTICIPATE AND HELP YOUR ORGANIZATION SPREAD THE WORD
- 2 CALL OR COME TO PIZZA HUT ON YOUR SELECTED DATE
- 3 ENJOY GREAT FOOD BY DELIVERY, PICKUP WINDOW OR CARRYOUT
- 4 FEEL GOOD KNOWING THAT YOUR ORGANIZATION WILL GET A CHECK FOR 20%* OF YOUR SPENDING

*\$7 Deal Lover's items, alcoholic beverages, delivery charges and sales tax are excluded.

PLEASE GIVE THIS SLIP TO YOUR PIZZA HUT® SERVER, CASHIER OR DELIVERY DRIVER

WHO: The Right Door Back to School Bash

WHEN: Tuesday, July 8th 2025

WHERE: Ionia Pizza Hut

347 N. Dexter St. - (616) 527-9490

TOTAL: _____



On hot days when the Heat, humidity, and UV index is unbearable, The Right Door becomes a cooling center for persons served who may not have a home with air conditioning or power. See our Facebook page for postings.



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Chili Cornbread Salad



Ingredients:

- 1 package (8-1/2 ounces) cornbread/muffin mix
- 1 can (4 ounces) chopped green chilies
- 1/8 teaspoon each ground cumin and oregano
- Pinch rubbed sage
- 1 cup mayonnaise
- 1 cup sour cream
- 1 envelope ranch salad dressing mix
- 2 cans (15 ounces each) pinto beans, rinsed and drained
- 2 cans (15-1/4 ounces each) whole kernel corn, drained
- 3 medium tomatoes, chopped
- 1 cup chopped green pepper
- 1 cup chopped green onions
- 10 bacon strips, cooked and crumbled
- 2 cups shredded cheddar cheese

Prepare cornbread batter according to the package. Stir in chilies, cumin, oregano and sage. Spread in a greased 8inch square baking pan. Bake at 400° until a toothpick inserted in the center comes out clean, about 20-25 minutes. Cool.

In a small bowl, combine mayonnaise, sour cream and dressing mix; set aside. Crumble half of the cornbread into a 13x9 inch dish. Layer with half of the beans, mayonnaise mixture, corn, tomatoes, green pepper, onions, bacon and cheese. Repeat layers (dish will be very full). Cover and refrigerate for 2 hours.

ITALIAN CHOPPED SALAD



- 6 cups of romaine lettuce chopped
- 1 tomato diced or cherry tomatoes
- 1/2 cup black and green olives
- 1/4 cup thinly sliced red onion
- 1/4 cup sliced banana pepper or green pepper
- 1/2 cup provolone cheese chopped

- 8 ounces mozzarella balls or regular mozzarella cubed
- 1 cup parmesan shavings
- 1/2 cup chopped salami
- 1/2 cup chopped pepperoni
- 1 cup canned, chopped artichoke hearts (optional)
- 1 cup chick peas (optional)
- 1/2 cup Italian dressing or a homemade olive oil and red wine vinegar dressing with basil, parsley, garlic and black pepper.

This salad can be made ahead of time or the day before. Dress five minutes before serving. (You can also add radicchio to it if you like).



FARMER'S MARKET

7/12, 9/13

Silk City Market, 9am-1pm, The Gathering Place, Belding

Tuesday, Sassy Rooster Farmers Market, 4-7:30pm, (Southwest corner Nash/Grand River)
Replaces the market at Saranac Train Depot.

Thursday, Lyons Farm Market, 3-6pm, Lyons Pavillion

Saturday, Ionia Farmers Market, 9am-2pm, across from the fairgrounds

Saturday, Red Mill Pavillion, 9am-1pm, Portland

Double Up Food Bucks

BUY \$1
MICHIGAN FRUITS

GET \$1
FREE FRUITS



BELDING AND ORLEANS:

Encountering Lives Baby Pantry, 1213 W. State Street, (616) 794-5080. Open second Thursday of the month 9-11am and 5:30-7pm.

Belding Area Schools Mobile Food Pantry, 1975 Orchard, (616) 794-4646. Open third Friday of the month at 4:30pm.

St. Joseph Catholic Church, 400 South Bridge, (616) 794-2145. Open Thursday's 2-5:30pm. *Must have proof of residency/child attending Belding Schools. Food accessed once a month.*

Belding Ministerial Association—God's Kitchen (Meals), 409 South Bridge, (616) 794-2145. Open Thursday's 4:30-6pm. ID required to prove residency.

Shiloh Community Church, 8197 Heath Street, Orleans, (616) 794-2145. Call Monday or Thursday 9am-4pm. Pick up the following Monday between 11am-1pm.

IONIA:

Church of Nazarene, 83 East Tuttle Road, (616) 527-9350. Open Monday 3-4:30pm. Bring boxes. Call for appointments in emergency situations. TEFAP distribution site.

Lincoln Avenue Baptist Church, 345 Lincoln Avenue, (616) 527-0970. Open Tuesdays 4-5pm. Referral from DHHS and photo ID. Call first.

First United Methodist Church—Meals, 105 East Main Street, (616) 527-1860. Monday's 6pm.

Illuminate Church, 83 East Tuttle, (616) 522-7335. Open Monday Wednesday and Friday, 11am-1pm.

Seven Day Adventive, 721 Elmwood Drive, (616) 527-6465. Open second, fourth and fifth Tuesday 9:30am-2pm. DHHS referral needed. ID too.

Zion United Methodist Church, 423 West Washington, (616) 527-1920. Open Wednesdays 2-4:30pm. Bring boxes. Meals: Thursday's 6:00pm.

LAKE ODESSA:

First Congregation Church, 767 4th Avenue, (616) 374-8753. Please call ahead for appointment.

Manna's Market, 7180 Velte, (269) 838-5887. Open Monday 10am-2pm, Thursday 4-7pm and Friday 10am-12pm. Proof of residency/income for all persons in home. Lakewood school district only.

West Berlin Wesleyan Church, 5110 West Portland Road, (616) 693-2668. Call for appointment. Help twice a year.

Central United Methodist Church, 912 4th Avenue, (616) 374-8861.

Pleasant Valley United Brethren, 13120 Bell Road, (616) 693-2265. Food/baby pantry open Wednesday 4-6pm and Friday 11am-1pm.

PORTLAND:

Epic Community Church, 1455 East Grand River, (517) 647-7750. Call for appointment the first Saturday of month from 9am-noon.

Portland Area Service Group, 144 Kent, (517) 647-4004. Monday 9-11:30am. Help once every six weeks. Portland School District. Proof of income required.

Portland Community Food Bank, 310 East Bridge Street, (517) 204-4279. Monday 9am-noon; Thursday 4-6pm.

First Congregational Church, 421 East Bridge, (517) 647-6441. Call for appointment. Meals Monday 4-6pm, September-May.

SARANAC:

Saranac Community Church, 125 South Bridge, (616) 642-6322. Thursday 2-5pm. Available to Saranac or Clarksville residents once a month.

Pathway Church, 4960 West Portland Road, (616) 693-2668. Assists two times a year for two years



**FEEDING
AMERICA**
West Michigan

7/1	2 pm, Walk up, Central UMC, Lake Odessa
7/1	6 pm, Drive Through, Twin Rivers Elementary, Muir
7/8	4:30 pm, Drive Through, Zion UMC, Rather Elementary Lot
7/12	CANCELLED , 10am, Drive Mount Hope Church, Portland
7/15	6 pm, Drive Through, Hubbardston American Legion
7/18	4:30 pm, Drive Through, Belding High School
6/25	5pm, Drive Through, Shiloh Community Church, Orleans
6/26	4:30pm, Drive Through, Saranac Community Church



West Michigan Farmer's Markets

Denny Farms,
6588 Jordan Lake
Road, **Saranac**
(616) 527-1531
May-December

**Hanulcik Farm
Market**,
1425 North State
Road (M66), **Ionia**
(616) 527-3630
June-October
(U-pick strawberries,
peaches, apples)

Pierson Orchards,
5348 North State
Road (M66), **Ionia**
(616) 527-4847
May-October

Heffron Farms, 7724 Ashley Avenue N.E., Belding, MI. **Year Round**. Mainly fresh raised meat (616) 794-2527



GROUPS

Anger Management

Mondays, 5-6pm, Virtual.

A Pokémon Go Summer

Peer Led, July 25, 11am.

Better Days Ahead

Peer Led, July 1, 22, 29, 1pm, Portland TRD.

Bingo

Peer Led, July 15, 1:30pm, Mooville.

Building Better Boundaries

Peer Led, July 10, 17, 24, 31, 11am, Ionia TRD.

Caring Cards

Peer Led, July 9, 23, 3pm, Portland TRD.

CBT Anxiety

Fridays, 2-3pm, Virtual.

CBT Depression

Ongoing, Fridays, 10-11am, Virtual.

Choosing Strength

Tuesdays, 4pm, Virtual.

The Connection Space

Peer Led, July 7, 21, 28, 11am, Ionia, TRD.

Co Occurring Disorders Group

Thursdays, 1pm, Ionia TRD.

Crafts

Peer Led, July 2, 9:30am, Ionia TRD.

DBT Fidelity Group

Thursdays, 1-2:30pm, Ionia TRD.

DBT Skills

Ongoing, Mondays, 1-2:30pm, Ionia TRD.

Teen DBT

Ongoing, Wednesdays, 4-5pm, Ionia TRD.

Fitness

Peer Led, Every Tuesday, 2:30pm, and every Thursday, 3pm, Ionia 24/7 Fitness. Every Tuesday, Wednesday and Friday, 1:30. Contact Patricia.

Game Night

Peer Led, July 7, 14, 21, 28, 4pm, Ionia TRD.

Gardening Group

Peer Led, July 1, 8, 15, 22, 29. 11am, Ionia TRD.

Grief Group

Wednesdays, 1-2pm, Ionia TRD.

Garage Sailing

Peer, Led, July 24

Kids Skills Group

Mondays, 1:30pm, Ionia TRD.

LGBTQIA

Peer Led, July 14, 28, 3pm, Ionia TRD.

Men's Group

Tuesdays, 2-3pm, Ionia TRD.

Parenting Through Change

Thursdays, 12-1:30pm, Ionia TRD.

Peaceful Paces

Peer Led, July 1, 8, 15, 22, 29, 10:30pm, Ionia TRD.

Pre Teen Skills (5th-7th Grade)

Wednesdays, 12:30pm, Ionia TRD.

Recovery Stick Group

Peer Led, July 3, 17, 24, 31, 10am, various locations.

Rooted and Restored

Peer Led, July 1, 8, 15, 22, 29, 11:30am, Ionia TRD.

Self-Love

Peer Led, July 2, 11:30am, Ionia TRD.

Social Skills

Peer Led, July 3, 17, 24, 31, 11am, Drop In Center.

Teen Skills Group

Mondays, 10:30am, Ionia TRD.

Train Your Brain

Peer Led, July 18, 23, 11am, Ionia TRD.

Volunteer Group

Peer Led, July 1, 8, 29, 3:30pm, Ionia Theater.

YOGA

PEER LED

Chair, July 1, 3, 7, 8, 10, 15, 17, 21, 22, 24, 28, 29, 31, 9:30am, Ionia TRD.



MICHIGAN STATE UNIVERSITY | Extension

FREE ONLINE HEALTH PROGRAMS

Canr.msu.edu/ionia/

616.527.535

F.O.R.

Food and Other Resources

HELPLINE



For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

1-888-544-8773

COMMUNITY RESOURCES



Alvah N. Belding Library, Main Street. (616) 794-1450

www.alvahnbeldinglibrary.org

Belding Community Education
(616) 794-4646

Adult/alternative education, teenage parent program, enrichment program, English as a second language and G.E.D. prep classes

Belding Dial-A-Ride/Bel-Hop
(616) 794-3278



HUBBARDSTON



CITY OF IONIA

Hubbardston American Legion, 165 Lincoln Avenue, (989) 981-6527

Department of Health and Human Services

920 E. Lincoln, Ionia (616) 527-5200
(616) 527-1790

Ionia County Commission on Aging
115 Hudson Street, Ionia
(616) 527-5365

iccoa@ioniacounty.org

- Nutrition Programs
- Friendship Dinner Sites, Senior and Congregate Meals
- Home delivered Meals on Wheels
- Health and wellness programs like Fitness, Armchair Exercise,
- In-home assistance services
- Supportive services
Alzheimer's Caregiver Support Group
- Programs like Tai Chi, in person or zoom, Euchre, Painting Group



July 10-19, Ionia Fairgrounds

The best 10 days of summer with:
music, concessions, rides, games on midway; 4-h animal shows, camping, merchants building and attractions; rodeo, tractor pulls, demo derby...

For a full list see: ioniafreefair.com

Ionia County Dial-A-Ride/I-Dart
(616) 527-4000

Ionia Community Library, Main Street,
(616) 527-3680

www.ioniacommunitylibrary.org

Ionia Literacy Council (616) 389-8529
www.ioniacountyliteracycouncil.org

Free tutoring to adults in reading, math and English as a second language

Federal Student Aid-FAFSA Finances
(800) 968-9710

Heartlands Institute of Technology
(616) 527-6540

Trade programs for secondary students

Montcalm Community College
(989) 328-2111

Offers Associates Degrees in Liberal Arts and Occupational programs online and in person in Ionia, Greenville, Sidney, Howard City. Job training programs offered as are on site workplace training

(MICAN) Montcalm Ionia College Access Network

(616) 527-4900 Post high school guidance for community college, universities, military, trade/vocational/technical schools

Michigan State University Extension

(616) 527-5357 4-H programming for youth 5 to 20 years old, plus adult/senior nutrition planning, wellness programs, budgeting skills, home foreclosure prevention, more

Walking Rails to Trails

www.traillink.com>FindTrails>Michigan
trails and maps, Ionia County

RAVE—Relief After a Violent Encounter

24-hour 1-800-720-7233 www.raveim.org

Free and confidential services to survivors of domestic and sexual violence and victims of homelessness

River's Edge Drop In Center

302 East Main Street (616) 522-9773

Soaring Above Ionia Teen Center

318 Jefferson Street (616) 523-4570

Tony Balice Walk-In Care Clinic

550 East Washington Street, First floor
(616) 523-1644

United Way Montcalm-Ionia Counties

2-1-1 (800) 887-1107 or (616) 794-9840

Help with food, housing, paying bills, taxes. Support for family crisis/community disaster

University of Michigan-Sparrow Ionia,
(616) 523-1400



LAKE ODESSA

First and Third Mondays, Bingo,
6pm, VFW, (616) 374-7075

Lake Odessa Library,
(616) 374-4591

www.lakeodessalibrary.org

Monday and Thursday, AA Meeting, 7pm, St. Edwards Church
(616) 902-9001

Thursday, Area Alanon Meeting,
10-11am, Lakewood United Methodist Church (616) 575-8000

Sundays, Old Time Country Music Shows, 3pm Bob's Barn Jamborees, Johnson Street, Lake Odessa. Open mic 4:30pm
bobwarner40@gmail.com

Lyons Township District Library
(989) 855-3414.

Storytime, Knitter's Circle, Writers Group, Crafts, Games, Caregiver Corner, Sip and Read Book Club,

www.lyonsmichlibrary.org

Village of Lyons (989) 855-2125

Village of Muir (989) 833-2144



LYONS-MUIR

Music IN THE PARK

EAST RIVERSIDE PARK, BELDING, MI

Thursdays, to September, 7-8:30 pm



City of Portland (616) 647-7531

Portland District Library,
(517) 647-6981

www.pdl.michlibrary.org

Portland Alternative/Community Ed (517) 647-2987

Dale Hyland American Legion, 7pm, at VFW, second Monday each month

Portland Senior Center,
Mondays, Bingo 6pm and Fridays 9:30am, Tuesdays and Thursdays, Euchre, 1pm (517) 647-4004

Thursday, TOPS (Take Off Pounds Sensibly), 6-7:30pm, Portland District Library
(517) 647-2025

Wednesday, Area Allanon Meeting, 10-11am, First Congregational Church
(616) 575-8000

Movie Night



PARTY

JULY 11, 8:30pm, Lyons Library Lawn

The One and Only Ivan.

Bring your own snacks, blankets/seats

July 21, 4:30pm

61 Bridge Street, Saranac

sounds of SUMMER

Wednesdays, 7pm

June to September

Portland Bandshell



Third Monday of the month,
Boston Saranac Historical Society meeting, 7pm

Third Tuesday of the month,
Saranac Community Association and Area Women's Club, 7pm, Greenridge office

Saranac Clarksville District Library (616) 642-9146

www.saraclark.michlibrary.org

SAMS (Saranac Area Musicians and Singers)

Practice, Saranac High School band room. Choir 6-7pm; Band 7-8pm (616) 902-7237

Village of Saranac
(616) 642-6324

GREAT START



COLLABORATIVE
Ionia County

COUNTY PARK HOPPING,

(Music, bubbles, chalk, an activity and book giveaway at each park)

7/11 Saranac Scheid Park.

7/18 Ionia Freedom Acres Park

7/25 Belding East Riverside Park

JOIN US FOR FUN, Herbruck's Kid's Day
FREE ENTRY, 7/15 Ionia Free Fair, 2-4:30

At the new E Park

For the Complete 32 Page List of Community Resources, go to:
www.8cap.org