

## The Right Door for Hope, Recovery and Wellness

| Chapter Title                    | Section Title    | Chapter #              |                             | Subject #                                                                                                                                                                                                                                  |
|----------------------------------|------------------|------------------------|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Clinical                         | Medical Services | C                      |                             | 350                                                                                                                                                                                                                                        |
| Subject Title<br>Pharmacotherapy |                  | Adopted<br><br>4/15/99 | Last Revised<br><br>5/24/21 | Reviewed<br>11/22/04; 10/30/06; 2/28/08;<br>1/26/09; 12/21/09; 12/27/10;<br>1/23/12; 3/25/13; 05/28/13;<br>7/28/14; 5/18/15; 9/26/16;<br>9/25/17; 9/24/18; 9/23/19;<br>4/27/20; 4/26/21; 5/24/21;<br>4/25/22; 4/24/23; 4/22/24;<br>4/28/25 |

### POLICY

#### Application

This policy shall apply to The Right Door for Hope, Recovery and Wellness and all services operated by or under contract with it.

#### 1. Qualified Professional

Medications shall be prescribed only by persons who are licensed to do so by the Michigan Department of Health and Human Services Bureau of Health Professions and who are familiar with psychotropic medication through specific training and/or experience.

#### 2. Use of Psychotropic Medications

2.1. A psychotropic drug is any medication administered for the treatment or amelioration of disorders of thought, mood, or behavior. The need for and effects of psychotropic medications prescribed to persons served shall be monitored according to standards established by Michigan Department of Health and Human Services, CARF, Food and Drug Administration (FDA), professional consensus guidelines, and established professional standards of care.

2.2. The Right Door for Hope, Recovery and Wellness practitioners shall coordinate care with primary care providers.

2.3. The Right Door for Hope, Recovery and Wellness practitioners prescribing medications shall professionally weigh the risks and benefits of the medications with individual person served, family members or guardian to ensure the appropriateness of the medication and shall consider the following:

2.3.1. medication history including effectiveness, side effects, allergies, and adverse reactions;

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2.3.2. co-existing medical conditions;

2.3.3. tobacco, alcohol or other drug use (with possible drug screen) with risk of diversion;

2.3.4. use of over-the-counter medications, including herbal and holistic medications;

2.3.5. pregnancy status;

2.3.6. use of medications by women of child-bearing age;

2.3.7. special dietary needs and restrictions;

2.3.8. necessary lab studies, tests, or other procedures;

2.3.9. financial resources of the person served; and

2.3.10. alternative treatments.

2.4. Note: This policy does not limit prescribing to FDA-approved indications. A prescribing practitioner may lawfully prescribe an FDA-approved medication for an “off label” indication when such use is based upon sound scientific evidence and sound medical opinion.

2.5. A Prescription Drug Monitoring Program (MAPS) shall be used when prescribing medications at risk of misuse, abuse or diversion.

### 3. Informed Consent

Informed consent shall be obtained from the person served and their guardian (if applicable) at the time that a medication is initially prescribed and annually thereafter for the duration of medication use.

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### 4. Formulary

4.1. The Right Door for Hope, Recovery and Wellness prescribing practitioners shall abide by an agency-established medication formulary which includes:

4.1.1. medications acceptable for use,

4.1.2. established (per Physician's Desk Reference) dose range for specific medications,

4.1.3. required laboratory, diagnostic, and functional assessments,

4.1.4. frequency with which such testing must be performed,

4.1.5. existence of FDA Black Box Warning or Public Health Advisory for specific medication(s).

4.2. The formulary is subject to change and/or exception at the discretion of the medical director.

### 5. Medication Monitoring

5.1. Medication monitoring shall be defined as: the practice of providing a secure storage area and controlled access for medications that are brought into a program and used by the person served.

5.2. Medication monitoring services shall be provided by The Right Door for Hope, Recovery and Wellness staff when such services are determined to be necessary to maintain medication safety and compliance.

### 6. Psychiatric Services

The Right Door for Hope, Recovery and Wellness shall have a psychiatrist available for emergency consultation 24 hours per day, seven days per week.

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References:

CARF Standards Manual, Medication Use

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| Nancy Patera, Board Chairperson | Date |  |  |