

TRAININGS



Recipient Rights

This training provides information on the essential rights of recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.

Monday: Oct 8
Nov 5
Dec 10

Renewal Class: 10:00 a.m.—11:00 a.m.
Initial Class: 1:00 p.m.—3:30 p.m.
WB

Introduction to Community Residential Services: Role of the Direct-Care Staff

This introductory class gives an overview of the history and future of residential services for persons with developmental disabilities and mental illnesses. Review of the responsibilities and role of the direct-care worker included.

Monday: Dec 10

9:00 a.m.—noon
LG

Person Centered Planning

Participants will gain a clear understanding of person-centered planning and how to use it to assist consumers in attaining their goals.

Wednesday: Nov 7
Dec 12

9:00 a.m.—10:30 a.m.
WB

Cultural Diversity

Visit <http://www.ioniacmhs.org/training/cultural-diversity.html> for links to cultural diversity training resources.

Participants **must** pre-register for all trainings by calling The **right** Door for hope, recovery and wellness at 616-527-1790. Unless indicated otherwise, there is no cost to attend trainings.

Basic Health and Medications

The basics of health as it pertains to mental health, including vital signs, medical emergencies, and infection control will be covered in the book work. Also learn the proper techniques to reduce errors in taking medications, knowing the different types of medications, and the five rights.

Book Work
Test Review and Vital Signs

Call to schedule appointment

Working with People I & II

Session I: Introduction to Human Needs, Values, Guiding Principles, and Effective Teaching Strategies.

Session II: Positive Techniques to Address Challenging Behaviors

Friday: Oct 26
Session I: 9:00—12:30 p.m.
Session II: 1:30—4:00 p.m.

WB

Nutrition and Food Services

Learn the fundamentals of human nutrition, including basic nutrition, how to implement good nutrition, and related issues, such as food safety, shopping, and safe food storage.

Book Work

CPR/AED & First Aid

Includes adult, child, and infant CPR as well as basic first aid training. Class size is limited to **10 participants**. Other options available for renewals. Call 616-225-7055 and register with Norma.

\$35.00/session; \$70 for both CPR and FA (Ground Training and Renewal) MUST PRE-PAY
CPR/AED and First Aid

Wednesday: Oct 17
Nov 21
Dec 19

Skills Renewal Class: 8:00 a.m.—8:45 a.m.

CPR/AED: 9:00 a.m.—12:00 p.m.

First Aid: 12:30 p.m.—3:30 p.m.

WB

Environmental Emergencies

Learn how to prevent crisis situations and manage those that arise. This training focuses on the responsibilities of maintaining a safe environment for people living in a community residential setting.

Friday: Oct 5
Dec 7
9:00am—10:00am
LG

Preventing Disease Transmission

Learn how to protect yourself against diseases that can be transmitted through the air, blood, and other routes.

Book Work

CPI: Non-Violent Crisis Intervention

This training focuses on prevention and offers proven strategies for safely defusing anxious; hostile; or violent behavior at the earliest possible stage. You will learn how behavior escalates and how to appropriately respond.

Thursday: Oct 18
Dec 20
8:30 a.m.—5:00 p.m.

LG/GR/WB