

## Registration for Right Door CPR and/or First Aid classes

To register for CPR and/or First Aid please call Spectrum Health United Lifestyles: 616 225-7055

If Norma is not available to take your call please leave your name and phone number and she will return your call.

You will have several options when registering for class. **If** you have had CPR and/or FA in the last two years, and this is just a renewal for you, you can choose between a typical ground class (3 hours for CPR and 3 for FA), or you can choose the Blended training. Blended training is an online course where the participant does the reading and testing online and then just comes in to class for a short skills session and to receive their certification card. If this is your first time to take CPR and/or FA, or if it has been years since you were in a class, then you should register for the ground class.

At the time you call United Lifestyles to register, you will be asked if you are taking a ground class or blended training. If you are taking the ground class, all that is required is your name and phone number. If you are taking Blended training, you will be asked for your name, phone number and email address. A learning link will be sent to your email and you will complete the online portion through that link. On the official class day you will come at the appropriate scheduled time to do your skills and receive your certification card. All certifications are good for two years.

This option will be available beginning in July. Class dates are July 13, August 10 and September 7 and the schedule for the day will be as follows:

CPR Class	8-11 a.m.
First Aid Class	11:30 a.m.-2:30 p.m.
Skills Class	2:45-3:30 p.m.

If you have any questions or concerns please contact Norma Sower @ 616 225-7055 or email me at: [Norma.sower@spectrumhealth.org](mailto:Norma.sower@spectrumhealth.org)