



The Right Door is funded in part by the Michigan Department of Community Health



The Right Door is a CARF accredited member of the Mid-State Health Network and the Ionia Chamber of Commerce.



The Right Door, for Hope, Recovery and Wellness  
Presents

## “Applied Suicide Intervention Skills Training (ASIST)”

April 26th & 27th, 2018

Presented by:

Elizabeth Thelen, LMSW, CAADC

Lisa Lubenow, LMSW, CAADC

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**Time & Place:** Register 8:15am. Training is 8:30am-4:30pm at The Right Door, 375 Apple Tree Drive, Ionia, MI 48846

**Fees:** \$85 for persons & organizations outside of Ionia County.

Fee is waived for Ionia County residents/organizations.

**Registration Deadline: April 20, 2018**

**Space is limited to 30 participants**

Fee includes training materials, continental breakfast & refreshments.

**Call: Pete Leland at 616-527-1790 to RSVP**

Contact The Right Door Customer Service at 616-527-1790, for ADA Accommodations or if you have any questions.

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### Target Audience & Social Work Practice Levels:

Mental health and other human service professionals, school personnel, primary care professionals, law enforcement, clergy, and other community agency workers and volunteers in positions of trust that are interested in learning suicide risk identification and intervention model.

### Participants attending this training will learn to:

1. Recognize invitations for help.
2. Reach out and offer support.
3. Review the risk of suicide.
4. Apply a suicide intervention model.
5. Link people with community resources.

Pending CEU's for Social Workers. Addictions CEU's are pending with MCBAP. Certificates will be presented at the end of the training to those who attend both days, all sessions, and complete a training evaluation.

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### Agenda:

**Day One:** 8:30a-9:30am Introduction & Overview: Prevention, Postvention & Intervention  
9:30a-9:40am Break  
9:40am-12:30pm Introduction to Connecting: Workgroups & Video  
12:30pm-1:30pm Lunch (on your own)  
1:30pm-3:00pm Workgroup Exercises-Exploring Invitations/Asking about Suicidal Thoughts/Listening & Reviewing Risk  
3:00pm-3:15pm Break  
3:15pm-4:30pm Workgroup Exercises—Contracting a Safe Plan, Follow Up & Review

**Day Two:** 8:30am-10:20pm Structure of an Intervention, Connecting Attitudes  
10:20am-10:30am Break  
10:30am-12:30pm Simulations & Workgroup Exercises  
12:30pm-1:30pm Lunch (on your own)  
1:30pm-3:00pm Workgroup Exercises  
3:00pm-3:15pm Break  
3:15pm-4:30pm Resources, Self-Care, Hope for the Future, Closing & Feedback

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**About the Presenters:** Lisa Lubenow is a Master Level Licensed Social Worker and Certified Advanced Alcohol and Drug Counselor. She has worked for The Right Door since 2011 and currently works as the Outpatient Therapy Supervisor, with special certification for EMDR Therapy. Elizabeth Thelen is a Master Level Licensed Social Worker and Certified Advanced Alcohol and Drug Counselor. She has worked at The Right Door since 2008 and currently works as the Recipient Rights Officer.

Both Elizabeth and Lisa have completed extensive training to become ASIST trainers.