

**TRAININGS**

*\*\*If participants do not have access to Zoom technology, arrangements can be made to participate electronically from the Ionia office*

**Recipient Rights**

This training provides information on the essential rights of recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.

Monday: Jan 13  
Feb 1  
Mar 1  
1:00pm—4:00pm

**ZOOM Meetings only\*\***

Refresher Course:

<http://www.rightdoor.org/for-providers/training/recipient-rights-training-refresher-course.html>

**Person Centered Planning**

Participants will gain a clear understanding of person-centered planning and how to use it to assist consumers in attaining their goals.

Wednesday: Feb 10  
Mar 10

10:00am—11:30am

**ZOOM Meetings only\*\***

**CPI: Non-Violent Crisis Intervention**

This training focuses on prevention and offers proven strategies for safely defusing anxious; hostile; or violent behavior at the earliest possible stage. You will learn how behavior escalates and how to appropriately respond.

CPI Book Work available at The Right Door for Hope, Recovery and Wellness Ionia Office

Those needing the hands on portion will be contacted.

**Working with People in Residential Settings**

This introductory class gives an overview of the history and future of residential services for persons with developmental disabilities and mental illnesses. Review of the responsibilities and role of the direct-care worker included. Introduction to human needs, values, guiding principles, and effective teaching strategies.

Wednesday: Jan 27  
9:00am—12:00pm

**ZOOM Meetings Only\*\***

**CPR/AED & First Aid**

American Heart Association Heartsaver and First Aid course: Includes Adult, child and infant CPR, as well as first aid training. Class size is limited to **6 participants** at this time. Certification is good for two years. *Please call 616-527-1790 and register with clerical.*

**Class Payment: \$70 BEFORE the class starts**

Friday: Jan 15 Skills Test (call to schedule half hour slot)  
Thursday: Feb 4  
Friday: Feb 19  
Tuesday: Mar 9  
Thursday: Mar 25

8:00am—12:00pm OR 1:00pm—5:00pm

**Environmental Emergencies**

Learn how to prevent crisis situations and manage those that arise. This training focuses on the responsibilities of maintaining a safe environment for people living in a community residential setting.

Visit <http://www.rightdoor.org/for-providers/training/environmental-emergencies.html> for links to Environmental Emergencies training.

**Preventing Disease Transmission**

Learn how to protect yourself against diseases that can be transmitted through the air, blood, and other routes.

**Book Work**

**Nutrition and Food Services**

Learn the fundamentals of human nutrition, including basic nutrition, how to implement good nutrition, and related issues, such as food safety, shopping, and safe food storage.

**Book Work**

**Basic Health and Medications**

The basics of health as it pertains to mental health, including vital signs, medical emergencies, and infection control will be covered in the book work. Also learn the proper techniques to reduce errors in taking medications, knowing the different types of medications, and the five rights.

**Book Work  
Test Review and Vital Signs**

Call (616) 775-1023 to schedule test review appointment after book work is completed.

**Cultural Competency**

Visit <http://www.rightdoor.org/for-providers/training/cultural-competency.html> for links to cultural competency training resources.

Participants **must** pre-register for all trainings by calling The **right** Door for Hope, Recovery and Wellness at 616-527-1790.

Book work can be picked up at any office. Unless indicated otherwise, there is no cost to attend trainings.



**2021**