

## TRAININGS

**\*\*If participants do not have access to Zoom technology, arrangements can be made to participate electronically from the Ionia office**

### Recipient Rights

This training provides information on the essential rights of recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.

Thursday, January 6 OR March 3  
1:00pm—4:00pm

Tuesday, February 1  
1:00—4:00 pm

**ZOOM Meetings only\*\***

Refresher Course:

<http://www.rightdoor.org/for-providers/training/recipient-rights-training-refresher-course.html>

### Person Centered Planning

Participants will gain a clear understanding of person-centered planning and how to use it to assist consumers in attaining their goals.

Monday, January 10  
9:00 am - 10:30 am  
Tuesday, February 8  
10:00—11:30 am  
Thursday, March 17  
9:00—10:30 am

### CPI: Non-Violent Crisis Intervention

This training focuses on prevention and offers proven strategies for safely defusing anxious; hostile; or violent behavior at the earliest possible stage. You will learn how behavior escalates and how to appropriately respond.

**For refresher or initial training**

Wednesday: January 19  
February 16  
March 16  
8:30am—3:30pm

### Working with People in Residential Settings

This introductory class gives an overview of the history and future of residential services for persons with developmental disabilities and mental illnesses. Review of the responsibilities and role of the direct-care worker included. Introduction to human needs, values, guiding principles, and effective teaching strategies.

Tuesday January 11, 2022  
10:00am—12:00pm

### CPR/AED & First Aid

American Heart Association Heartsaver and First Aid course: Includes Adult, child and infant CPR, as well as first aid training. Class size is limited to **6 participants** at this time. Certification is good for two years. *Please call 616-527-1790 and register with clerical.*

**Class Payment: \$70 BEFORE the class starts**

Thursday: January 13  
Wednesday: February 16  
Friday: March 25

8:00am—12:00pm OR 1:00pm—5:00pm

*Ask about our Basic Life Skills classes for healthcare workers if needed.*

### Emergency Preparedness

National, state and local emergency preparedness; weather emergencies; fire safety; and how to prepare an emergency kit. This course will take approximately 1.0 hour to complete.

Improving MI Practices—Emergency Preparedness: <https://tinyurl.com/5hjrja94>

### Nutrition and Food Services

Learn the fundamentals of human nutrition, including basic nutrition, how to implement good nutrition, and related issues, such as food safety, shopping, and safe food storage.

Visit [www.rightdoor.org/for-providers/training/nutrition-and-food-services.html](http://www.rightdoor.org/for-providers/training/nutrition-and-food-services.html) for links to Nutrition and Food Services training and attestation.

### Basic Health and Medications

The basics of health as it pertains to mental health, including vital signs, medical emergencies, and infection control will be covered in the book work. Also learn the proper techniques to reduce errors in taking medications, knowing the different types of medications, and the five rights.

**Book Work:** [www.rightdoor.org/for-providers/training/basic-health-and-medications.html](http://www.rightdoor.org/for-providers/training/basic-health-and-medications.html)

Take the test, then schedule an appointment to review Vital Signs

### Infection Control

Learn how to protect yourself against diseases that can be transmitted through the air, blood, and other routes.

Visit <http://www.rightdoor.org/for-providers/training/infection-control.html> for links to Infection Control initial and refresher training.

### Cultural Competency

Cultural Competence for providers of behavioral health services and helps learners identify how culture affects the perception of others. Cultural Competence is a lifelong journey that continues as we become a culturally competent provider.

Visit [www.rightdoor.org/for-providers/training/cultural-competence.html](http://www.rightdoor.org/for-providers/training/cultural-competence.html) for links to cultural competency training resources.

**Find all our trainings:** [www.rightdoor.org/for-providers/training/](http://www.rightdoor.org/for-providers/training/)

Participants **must** pre-register for all trainings by calling The Right Door for Hope, Recovery and Wellness at 616-527-1790.

Book work can be picked up at any office. Unless indicated otherwise, there is no cost to attend trainings.

**THE right DOOR**  
for hope, recovery and wellness

**2022**