

Training for Self-Directed Services Arrangements FY22

	Description	Frequency	How to Obtain	Requirement
Individual Plan of Service (IPOS) Training and Beneficiary specific emergency procedures	IPOS – as plan is implemented and updated. Must be trained prior to working with individual and on any updates.	As plan is updated.	From primary clinician working with person served OR employer/trained staff by clinician.	SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022
Bloodborne Pathogens	Learn how to protect yourself against diseases that can be transmitted through the air, blood, and other routes. Free references to take home.	Initial within 30 days of hire and prior to working independently with a person.	“Infection Control” on Improving MI Practices – see below for accessing the training.	SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022 Medicaid Provider Manual
Basic First Aid	This training will provide staff with certification in basic first aid action principles, situations requiring first aid, and basic first aid skills in areas including: • Medical Emergencies • Injury Emergencies • Environmental Emergencies	Initial within 30 days of hire Update per certificate	In person or virtual training allowable	SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022
REQUIRED FOR SED Waiver and Children’s Waiver and OPTIONAL for others: Emergency Preparedness (aka environmental safety)	The goal of this course is to provide information that helps increase employee awareness and knowledge of various emergency situation to promote effective response practices.	Initial within 1 year of hire.	“Emergency Preparedness” on Improving MI Practices – see below for accessing the training. Should also receive specific to the home/facility you are working in and include Emergency preparedness policy and procedures for specific location.	SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022
Recipient Rights – Initial	This training provides information on the essential rights of	Initial within 30 days of hire and before	2.5 hour onsite or virtual training or through an	MH Code: Sec 330.1755(5)(f)

	recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.	working independently with persons served. Annual – refresher course	approved by CMH source onsite or virtual.	SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022
See above: Recipient Rights Refresher	This training provides refresher information on the rights of recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.	Annual refresher course.	In person or virtual: http://www.rightdoor.org/for-providers/training/recipient-rights-training-refresher-course.html	MH Code: Sec 330.1755(5)(f) SELF-DIRECTION TECHNICAL GUIDE V2.2 January 2022

OPTIONAL TRAINING

OPTIONAL – HIPAA (highly recommended)	This training will provide staff with information about HIPAA privacy and HIPAA security, confidentiality and informed consent, applying it in appropriate contexts, how to release information legally, when information can be discussed and what information cannot be discussed, HIPAA requirements, and Michigan Mental Health Code requirements.	“HIPAA Essentials” – Improving MI Practices
OPTIONAL - Cultural Competence	This training will cover: effect of culture and how it affects our perception of life, various aspects of culture, understanding that every individual has the right to receive culturally proficient services, steps in providing culturally responsive	“Cultural Competence” Improving MI Practices – See below for accessing the training.

	services, and realizing that being culturally competent/proficient is a continual process.	
OPTIONAL - CPI – Non-violent intervention (NON-PHYSICAL INTERVENTION)	<p>This training focuses on prevention and offers proven strategies for safely defusing anxious, hostile or violent behavior at the earliest possible stage. You will learn how behavior escalates and how to appropriately respond.</p> <p>This training will not cover holds as we are restraint free.</p>	<p>Onsite CPI training or as approved by CMH (Gentle Teaching, MANDT).</p> <p>Refresher course available after initial course passed. (half day)</p>
OPTIONAL: Basic Health and Medications –ONLY IF PASSING MEDICATIONS	The basics of health as it pertains to mental health, including vital signs, medical emergencies, and infection control will be taught. Also learn the proper techniques to reduce errors in taking medications, knowing the different types of medications, and the five rights.	<ul style="list-style-type: none"> •Book Work and onsite training and posttest. • Options as approved by CMH
OPTIONAL: Limited English Proficiency	This course will provide information on the language assistance entitlements available to individuals who do not speak English as their primary language and who have a limited ability to read, speak, write, or understand English.	“Limited English Proficiency” on Improving MI Practices – see below for accessing the training.
OPTIONAL: Person-Centered Planning & Self-Determination	Participants will gain a clear understanding of person-centered planning and how to use it to assist consumers in attaining their goals.	Provided onsite or as approved by CMH.
OPTIONAL Trauma Informed Care	Review of nature of trauma and its effects on people.	“Trauma Basics” on Improving MI Practices. See below for accessing the training.

MEDICAID PROVIDER QUALIFICATIONS:

- Be at least 18 years of age
- Able to prevent transmission of communicable disease
- Able to communicate effectively to follow IPOS requirements, beneficiary-specific emergency procedures, and to report on activities performed
- Be in good standing with the law (i.e., not a fugitive from justice, a convicted felon who is either under jurisdiction or whose felony relates to the kind of duty to be performed, or an illegal alien)

TRAINING DOCUMENTATION:

Training copies should be maintained by provider and employee for purposes of monitoring and auditing for at least 7 years. Training Certificates may not be attestation. They must include: *training date, content, trainee and trainer names and signatures, or other documentation including the previous listed elements.*

ACCESSING TRAININGS ON IMPROVING MI PRACTICES:

Improving MI Practices offers a wide variety of credit-bearing moderated online courses and online supplements to traditional training for Michigan behavioral health professionals. Use the menus below to find the practice area or population you'd like to enter.

- 1) In your browser (explorer, Google Chrome or Firefox) type www.improvingmipractices.org



2. Click, "CREATE AN ACCOUNT" in the upper right-hand corner of your screen.



3. Fill out required details. You must have an email address to utilize the training account. You can set up an email easily at www.gmail.com if needed. Pick a password that you'll remember.

Before You Sign Up	Account Details
<p>This site offers a wide variety of moderated online courses and online supplements to traditional training for providers in the Michigan public behavioral health system.</p> <p>As a mental health or substance abuse professional this website entitles you to free courses, forums, and CEUs in a wide array of practice areas.</p> <p>By signing up for an account you agree to receive regular newsletters, but you can opt-out at any time.</p> <p>This site performs best on modern browsers such as Google Chrome (Recommended), Mozilla Firefox, or Microsoft Edge. Internet Explorer 11+ works as well, but we still highly recommend Google Chrome.</p>	<p>Email *</p> <input type="text"/>
	<p>Email Confirm *</p> <input type="text"/>
	<p>Password *</p> <input type="password"/>
	<small>The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 non-alphanumeric character(s) such as *, -, #, or !</small>
	<p>Password Confirm *</p> <input type="password"/>

4. Fill out the rest of your profile and click "SUBMIT"

You will get a confirmation email. Read the email and click the web link in the email. Your account will be active!

Sign-Up Steps

1. Fill out the New Account form with your details.
2. An email will be immediately sent to your email address.
3. Read your email, and click on the web link it contains.
4. Your account will be confirmed and you will be logged in.
5. Now, select the course you want to participate in.
6. You can now access the full course. From now on you will only need to enter your personal username and password (in the form on this page) to log in and access any course you have enrolled in.

Profile Details

First Name *

Last Name *

City/Town *

State *

Employer

Recovery Phone

UPLOAD AVATAR 

Captcha

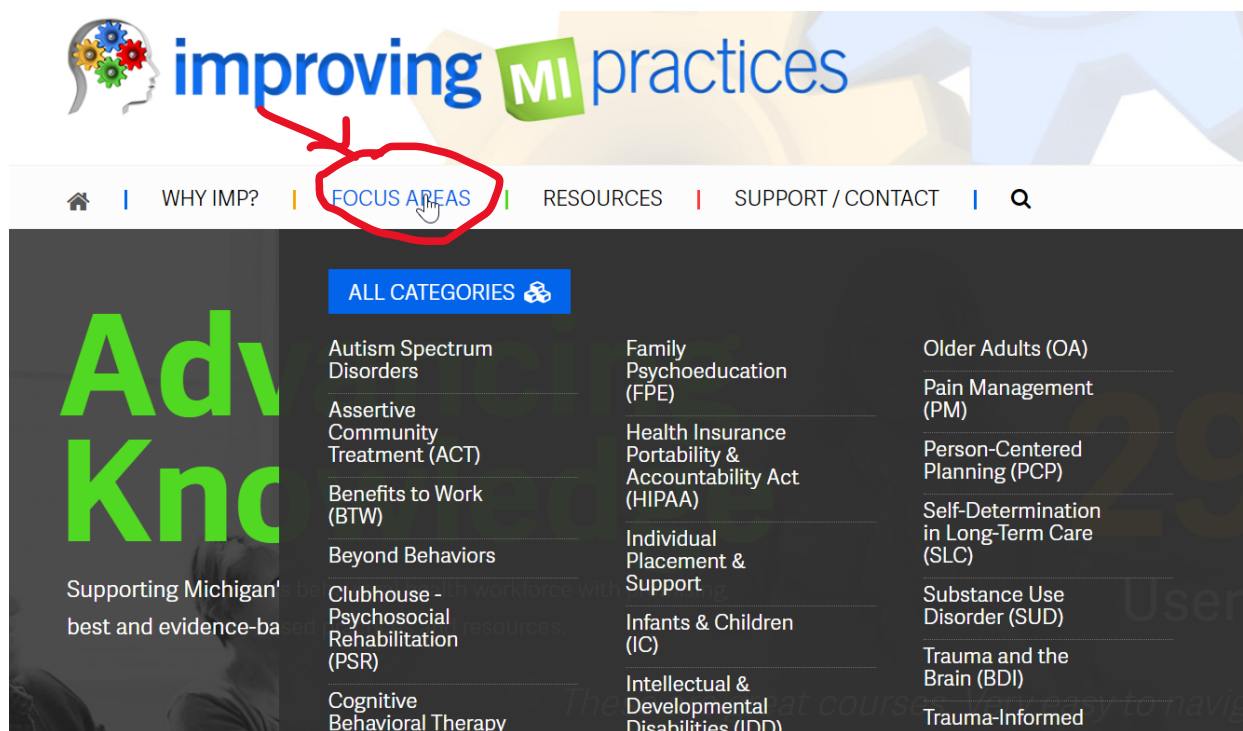
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I'm not a robot



SUBMIT >

5. Select the course(s) you want to take by clicking on "FOCUS AREAS" then locate the course you want to take and "ENROLL." You'll receive an email confirmation AND it will appear in your dashboard.

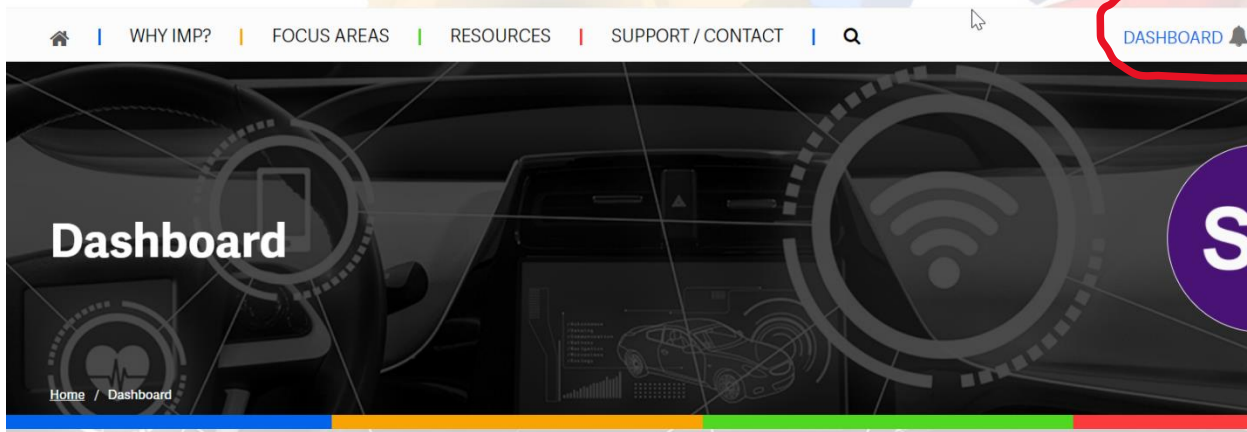


improving MI practices

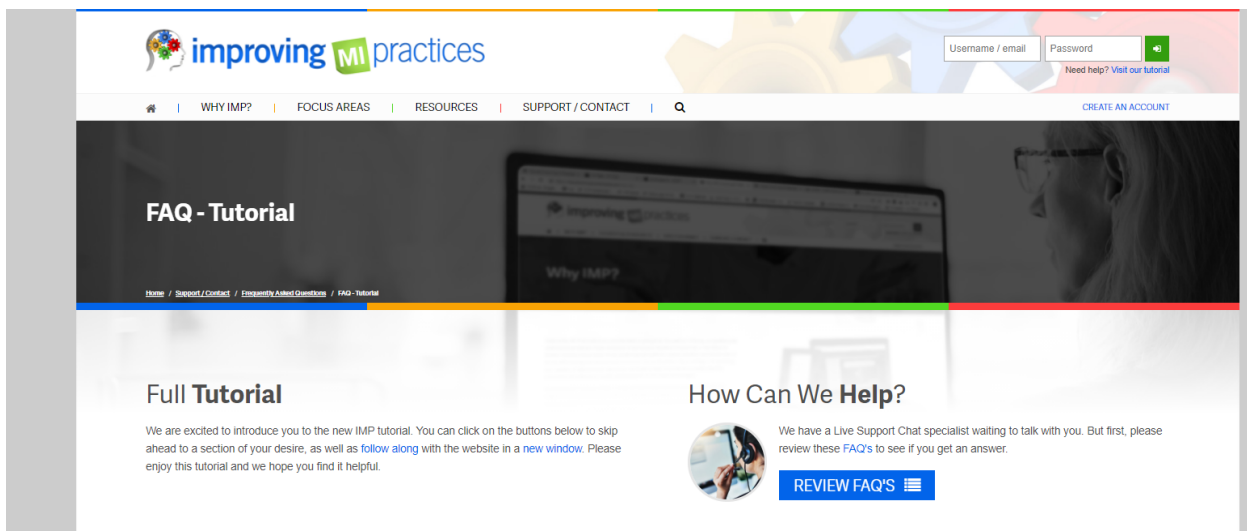
Home | WHY IMP? | **FOCUS AREAS** | RESOURCES | SUPPORT / CONTACT | Search

ALL CATEGORIES

Autism Spectrum Disorders	Family Psychoeducation (FPE)	Older Adults (OA)
Assertive Community Treatment (ACT)	Health Insurance Portability & Accountability Act (HIPAA)	Pain Management (PM)
Benefits to Work (BTW)	Individual Placement & Support	Person-Centered Planning (PCP)
Beyond Behaviors	Infants & Children (IC)	Self-Determination in Long-Term Care (SLC)
Clubhouse - Psychosocial Rehabilitation (PSR)	Intellectual & Developmental Disabilities (IDD)	Substance Use Disorder (SUD)
Cognitive Behavioral Therapy		Trauma and the Brain (BDI)
		Trauma-Informed Care (TIC)



6. Need help? Check out the tutorial or FAQs. <https://www.improvingmipractices.org/technical-support-contact/frequently-asked-questions/faq-introduction>



7. You will receive a certificate of completion after successfully passing the test. Turn your certificate into your employer.