

## TRAININGS

### Recipient Rights

This training provides information on the essential rights of recipients of community mental health services, including abuse and neglect; confidentiality; informed consent; respect and dignity; restraint; seclusion; and incident-report writing.

**IONIA CLASSES TO RESUME IN DECEMBER**

Located at:

**Foster Community Center—Through CEI  
200 N. Foster Ave  
Lansing, MI 48912**

Arrive at least 15 minutes early. No cost, no need to sign up, just show up.

*Call for available dates and times.*

**Can also call to sign up with Montcalm Behavioral Health**

### December class at The Right Door for Hope, Recovery, and Wellness:

Monday: Dec 9

1:00pm—4:00pm

Refresher Course:

<http://www.rightdoor.org/for-providers/training/recipient-rights-training-refresher-course.html>

### CPI: Non-Violent Crisis Intervention

This training focuses on prevention and offers proven strategies for safely defusing anxious; hostile; or violent behavior at the earliest possible stage. You will learn how behavior escalates and how to appropriately respond.

Thursday: Oct 17

Wednesday: Dec 18

8:30 a.m.—3:30 p.m.

LG/GR/WB

### Nutrition and Food Services

Learn the fundamentals of human nutrition, including basic nutrition, how to implement good nutrition, and related issues, such as food safety, shopping, and safe food storage.

Book Work

### Working with People I

Session I: Introduction to Human Needs, Values, Guiding Principles, and Effective Teaching Strategies.

Thursday: Dec 19

9:00—11:00 am.

LG

### Introduction to Community Residential Services: Role of the Direct-Care Staff

This introductory class gives an overview of the history and future of residential services for persons with developmental disabilities and mental illnesses. Review of the responsibilities and role of the direct-care worker included.

Thursday: Dec 19

1:00pm—3:00pm

WB

### Person Centered Planning

Participants will gain a clear understanding of person-centered planning and how to use it to assist consumers in attaining their goals.

Wednesday: Oct 30

Dec 18

9:00 a.m.—10:30 a.m.

LG

### Basic Health and Medications

The basics of health as it pertains to mental health, including vital signs, medical emergencies, and infection control will be covered in the book work. Also learn the proper techniques to reduce errors in taking medications, knowing the different types of medications, and the five rights.

Book Work

Test Review and Vital Signs

Call (616) 775-1023 to schedule test review appointment after book work is completed.

### CPR/AED & First Aid

Includes adult, child, and infant CPR as well as basic first aid training. Class size is limited to **10 participants**. Other options available for renewals. Call 616-225-7055 and register with Teryn.

**\$35.00/session; \$70 for both CPR and FA (Ground Training and Renewal) MUST PRE-PAY**

CPR/AED and First Aid

Wednesday: Oct 30

Skills Renewal Class: 8:15 a.m.—9:00 a.m.

CPR/AED: 9:00 a.m.—12:30 p.m.

First Aid: 12:45 p.m.—4:00 p.m.

WB

### STARTING NOVEMBER WE ARE CHANGING CPR/FA COURSES

American Heart Association Heartsaver and First Aid course: Includes Adult, child and infant CPR, as well as first aid training.

Class size is limited to **6 participants** at this time. Certification is good for two years.

*Please call 616-527-1790 and register with clerical.*

**Class Payment: \$70 BEFORE the class starts check or cash only**

Wednesday: Nov 6

Dec 11

8:00am—12:00pm *or*

12:00pm—4:00pm

*Ask about our Basic Life Skills classes for healthcare workers if needed.*

### Preventing Disease Transmission

Learn how to protect yourself against diseases that can be transmitted through the air, blood, and other routes.

Book Work

### Environmental Emergencies

Learn how to prevent crisis situations and manage those that arise. This training focuses on the responsibilities of maintaining a safe environment for people living in a community residential setting.

Visit <http://www.rightdoor.org/for-providers/contracted-provider-training/environmental-emergencies.html> for links to Environmental Emergencies training.

### Cultural Competency

Visit <http://www.rightdoor.org/for-providers/contracted-provider-training/cultural-military-cultural-competency.html> for links to cultural competency training resources.



Participants **must** pre-register for all trainings by calling The **right** Door for hope, recovery and wellness at 616-527-1790. Unless indicated otherwise, there is no cost to attend trainings.

2019