



PRESENTS THE ANNUAL 5K WALK, RUN, OR ROLL! Thursday, June 13th, 2019

Registration: 5:00—6:00 pm Walk/Run/Roll begins: 6:00 pm

Location: Steele Street Hall, 115 Steele St. Ionia, MI 48846

Cost: Donation of a non-perishable item to be donated to the local food bank.

Complimentary food at the end of the walk!

Register online at: www.rightdoor5k.com

REGISTRATION FORM

Last Name	First Nam	ne
Address	Telephone Nu	ımber
City	State	Zip
Email Address	Age	Gender
Please select a shirt size: (circle one)	YOUTH S M ADULT S M L XL XXL	XXXL
Emergency Contact Name	Emergency Contact Tele	ephone Number
ELEASE: (MUST BE SIGNED BY PARTICIPANT/GUA regoing, I, myself, my heirs, executors, administrators, p ghts, claims and courses of action I have or may have aga /ellness) and its affiliates, their agents, employees, officer sponsors, their representatives and successors, that may a activities. I attest and verify that I am physically fit, have completion of this event. I give my full permission to I videotapes, or other recordings for an	rsonal representatives, successors, and assinst this event, its Primary Sponsor (The Ris, directors and successors, and assigns, the se as a result of my participation in this evbeen medically cleared to participate, and	igns, waive and release any an- ight Door for Hope, Recovery e County, the City, and any an- rent, and any pre- and post- ev- have sufficiently trained for the ellness to use any photographs
Signature of Participant Signature	nature of Guardian (if applicable)	Date

The Right Door for Hope, Recovery and Wellness is a CARF Accredited member of the Mid-State Health Network. The Right Door for Hope, Recovery and Wellness is funded in part by the Michigan Department of Health and Human Services.