APRIL 25TH-26TH, 2018

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

Presented by:

Elizabeth Thelen, LMSW, CAADC

Lisa Lubenow, LMSW, CAADC

Time & Place: Register 8:15am. Training is 8:30am-4:30pm at The Right Door, 375 Apple Tree Drive, Ionia, MI 48846

Fees: $85 for persons & organizations outside of Ionia County.

Fee is waived for Ionia County residents/organizations.

✶Registration Deadline: Apr. 18th ✶

Space is limited to 30 participants

Fee includes training materials, continental breakfast & refreshments.
Call: Pete Leland at 616-527-1790 to RSVP
Contact The Right Door at 616-527-1790, for ADA Accommodations or if you have any questions.

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Target Audience & Social Work Practice Levels:
Mental health and other human service professionals, school personnel, primary care professionals, law enforcement, clergy, and other community agency workers and volunteers in positions of trust that are interested in learning suicide risk identification and intervention model.

Participants attending this training will learn to:
1. **Recognize invitations for help.**
2. **Reach out and offer support.**
3. **Review the risk of suicide.**
4. **Apply a suicide intervention model.**
5. **Link people with community resources.**

Pending CEU's for Social Workers. Addictions CEU's are pending with MCBAP. Certificates will be presented at the end of the training to those who attend both days, all sessions, and complete a training evaluation.

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Agenda:
Day One: 8:30a-9:30am Introduction & Overview: Prevention, Postvention & Intervention
9:30a-9:40am Break
9:40am-12:30pm Introduction to Connecting: Workgroups & Video 12:30pm-1:30pm Lunch (on your own)
1:30pm-3:00pm Workgroup Exercises-Exploring Invitations/Asking about Suicidal Thoughts/Listening & Reviewing Risk
3:00pm-3:15pm Break
3:15pm-4:30pm Workgroup Exercises—Contracting a Safe Plan, Follow Up & Review

Day Two: 8:30am-10:20pm Structure of an Intervention, Connecting Attitudes 10:20am-10:30am Break
10:30am-12:30pm Simulations & Workgroup Exercises 12:30pm-1:30pm Lunch (on your own)
1:30pm-3:00pm Workgroup Exercises 3:00pm-3:15pm Break
3:15pm-4:30pm Resources, Self-Care, Hope for the Future, Closing & Feedback

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About the Presenters:
Lisa Lubenow **is a Master Level Licensed Social Worker and Certified Advanced Alcohol and Drug Counselor. She has worked for The Right Door since 2011 and currently works as the Outpatient Therapy Supervisor, with special certification for EMDR Therapy.**
Elizabeth Thelen **is a Master Level Licensed Social Worker and Certified Advanced Alcohol and Drug Counselor. She has worked at The Right Door since 2008 and currently works as the Recipient Rights Officer.**

Both Elizabeth and Lisa have completed extensive training to become ASIST trainers.

The Right Door is funded, in part, by the Michigan Department of Community Health

The Right Door is a CARF accredited member of the Mid-State Health Network and the Ionia Chamber of Commerce