



Presents its 10th Annual 5K Walk/Run and Roll

Friday, June 15th, 2018

Registration begins at 5:00 pm
Walk/Run/Roll begins at 6:00 pm
Steele Street Hall

115 Steele St. Ionia, MI 48846

Cost to participate is a donation of non-perishable item to be
donated to the local food bank.

Complimentary food at the end of the walk!

REGISTRATION FORM

_____		_____	
Last Name		First Name	
_____		_____	
Address		Telephone Number	
_____		_____	
City		State	Zip
_____		_____	_____
Email Address		Age	Gender
_____		_____	_____
Please select a shirt size: (circle one)		YOUTH S M ADULT S M L XL XXL XXXL	
_____		_____	
Emergency Contact Name		Emergency Contact Telephone Number	

RELEASE: (MUST BE SIGNED BY PARTICIPANT/GUARDIAN OR APPLICATION WILL BE REJECTED). In consideration of the foregoing, I, myself, my heirs, executors, administrators, personal representatives, successors, and assigns, waive and release any and all rights, claims and courses of action I have or may have against this event, its Primary Sponsor (The Right Door for Hope, Recovery and Wellness) and its affiliates, their agents, employees, officers, directors and successors, and assigns, the County, the City, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in this event, and any pre- and post- event activities. I attest and verify that I am physically fit, have been medically cleared to participate, and have sufficiently trained for the completion of this event. I give my full permission to The Right Door for Hope, Recovery and Wellness to use any photographs, videotapes, or other recordings for any legitimate purpose including commercial advertising.

_____	_____	_____
Signature of Participant	Signature of Guardian (if applicable)	Date

The Right Door for Hope, Recovery and Wellness is a CARF Accredited member of the Mid-State Health Network and the Ionia Chamber of Commerce. The Right Door for Hope, Recovery and Wellness is funded in part by the Michigan Department of Health and Human Services.