

# Ionia County Community Mental Health

Chapter Title	Section Title	Section #		Subject #
Clinical	Best Practices	C		320
Subject Title <b>Best Practices</b>		Adopted 6/24/02	Last Revised 2/15/2016	Reviewed 12/19/05; 10/30/06; 11/27/06; 1/24/08; 1/26/09; 11/23/09; 9/27/10; 9/26/11; 1/28/13; 1/27/14; 1/26/15 2/22/16

## **POLICY**

### **Application**

This policy shall apply to all programmatic supports and services of The Right Door for Hope, Recovery and Wellness

### **1.0 EVIDENCE-BASED BEST PRACTICE**

The Right Door for Hope, Recovery and Wellness supports and services will be developed and delivered in keeping with Evidence-Based Best Practice standards, Evidence-Based Best Practices are those practices that are consistent with contemporary theories, fidelity models, and proven and established through evidence-based research efforts.

1.1 The Right Door for Hope, Recovery and Wellness programs shall be developed in compliance with the recognized Evidence-Based Best Practices identified by the Federal Substance Abuse and Mental Health Services Administration (SAMHSA).

- 1.1.1 Illness Management and Recovery
- 1.1.2 Assertive Community Treatment
- 1.1.3 Family Psychoeducation
- 1.1.4 Supported Employment
- 1.1.5 Co-occurring disorders: Integrated Dual Diagnosis Treatment
- 1.1.6 Motivational Interviewing

1.2 Evidence-Based Best Practices, not yet identified by SAMHSA, shall be considered only after thorough research and availability of a fidelity scale.

### **2.0 MDHHS/PIHP Best Practice Guidelines**

The Right Door for Hope, Recovery and Wellness supports and services shall at a minimum comply with all MDHHS and PIHP Best Practice Guidelines when available. These guidelines may not necessarily meet the tests of Evidence-Based Best Practice but are to be followed as administrative directives from The Right Door for Hope, Recovery and Wellness' funding sources and oversight bodies. Best Practice guidelines are often disseminated as attachments to MDHHS or PIHP contracts. These Best Practice Guidelines shall be treated as The Right Door for Hope, Recovery and Wellness procedures. The Right Door for Hope, Recovery and Wellness supports and services shall comply with current Best Practice Guidelines including:

- 2.1 Person Centered Planning
- 2.2 Self Determination
- 2.3 Inclusion
- 2.4 Housing
- 2.5 Jail Diversion
- 2.6 Recovery
- 2.7 Consumerism
- 2.8 Family-driven and Youth-guided

### **3.0 Non-Evidence Based Practices**

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The Right Door for Hope, Recovery and Wellness supports and services, for which there are no available Evidence-Based Best Practice fidelity tests, nor MDHHS or PIHP Best Practice Guidelines, shall be developed in compliance with the Michigan Mental Health Code and MDHHS/PIHP contract requirements.

## Reference

CARF Standards, Program Structure  
DHHS/PIHP FY16 Contract

Melissa McKinstry, Board Chairperson	Date		